

# Start a New Day for a Better Tomorrow



# April 2017

New Day Family Success Center  
622-624 S. New York Road  
Galloway, NJ 08205  
(609) 652-0230

Sunday Closed	Monday 10am-6pm	Tuesday 10am-8pm	Wednesday 10am-8pm	Thursday 10am-6pm	Friday 10am-6pm	Saturday Varied
	<b>New Upcoming Events</b>  Gardening Reading Programs Martial Arts	<p>ALL activities are <b>FREE</b> &amp; open to <b>ALL!</b> <b>Pre-registration required</b></p>	Need to learn Spanish?   Need to Learn English?	Tutoring Available Mon-Thurs 4:30-6:00 By Appointment Only   Kaplan GED Study Guide Available		1 <b>Community Social</b> 1-2pm   12-3pm
	3 <b>Senior Social: Luncheon</b> 1-1:30pm <b>Bingo</b> 1:30-3:00pm	4 <b>Dance Workout</b> 6:30-7pm   <b>Yoga</b> 7-7:30pm Post-Workout Smoothies	5 <b>Financial Wellness Session 1</b> 6-7pm  	6	7  <b>Crochet &amp; Knitting Circle</b> 4-6pm  Making Caps for infants!	8  
	10	11 <b>Spring Fling</b> 6-7pm    Followed by Bubbles for Autism	12 <b>Financial Wellness Session 2</b> 6-7pm  	13 <b>Spring Cooking w/ Kids</b> 5-6pm  	14	15  12-3pm
	17	18 AmeriKick Presents: <b>Cardio Kickboxing</b> Starts at 6:30pm	19 <b>Financial Wellness Session 3</b> 6-7pm  	20 <b>Community Meeting</b> Starts at 5:15pm    Kids Activities Available	21 <b>DIY Candle Making</b> 4:30-5:30pm	22  
	24	25 <b>SNAP</b> 10-12pm  <b>Garden Party</b> 6-7pm  	26 <b>Financial Wellness Session 4</b> 6-7pm  	27 <b>SNAP</b> 10-12pm	28 SJFMC Presents: <b>Oral Health</b> 10am Following Diaper Drive	29



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**Community Meeting** – Would you like to be the voice for your community? New Day FSC is looking for people to join its board & to help come up with ideas for our center.

**Yoga** – Need some peaceful relaxing yoga in your life? This is a 30-minute low intensity session. Bring your mat! We have some mats, just in case.

**Dance Workout** – Ready to sweat? Do you want to get fit? Come out for a high intensity 30-minute workout! Don't forget your water bottle!

**Crochet and Knitting Circle** –All experience levels are welcome! We have instructor's onsite to help out. In honor of child abuse awareness month, we are making infant hats to donate to a local hospital.

**Senior Social** – Join us for lunch and some fun with bingo!

**Community Social** – Join us for some coffee, snacks, and conversation.

**Financial Wellness** – We will be diving into full financial wellness with a 6 week course on budgeting, investing, and more!

**Spring Cooking w/Kids** – Bring the kids and join us to learn how to make a fresh springtime recipe.

**Garden Party** – Are interested in gardening? Do you have a green thumb or just want to learn? Join us for a planning party as we get ready to open our garden for the Spring/Summer Season.

**DIY Candle Making** – Join us as we dive into the wonderful world of candle making. We will be going over all the tools necessary as well as making our own scented candles!

**Spring Fling** – Join us for a Spring party complete with an Egg Hunt! We will also be blowing bubbles for Autism Awareness following the party.

**Cardio Kickboxing** – AmeriKick is partnering with New Day to bring in a great workout. Bring those water bottles!

**Oral Health**– Southern Jersey Family Medical Center is doing an informative presentation on oral health. Each participant will receive supplies, including diapers, for their attendance.

**SNAP** – A representative will be on site to answer questions and apply/reapply you for food stamps. Additional nutritional resources will be available.

**Rosetta Stone** – Come learn Spanish or English at your own pace. All skill levels welcome.

**Volunteering** - Volunteers are one of New Day's most valuable assets. Volunteering allows you to invest in your community, increase your personal sense of self-worth and general well-being, gain personal satisfaction and leadership experience, and make an impact within your community. New Day Family Success Center volunteers are of all ages and from different walks of life. Please call for more info.